



Play Harder, Laugh Louder Challenge

Monday	Tuesday	Wednesday	Thursday	Friday

Saturday	Sunday

Instructions:

- ✓ Try a new activity each day – indoors or outdoors!
- ✓ Write down your activity on the day and add your sport tabs below
- ✓ Email your completed chart to us at Info@in2sportcoaching.co.uk and be entered into our prize draw

Prizes:

- 🏆 1st Place – Free Week at Multi-Sports Camp
- 🥈 2nd Place – Free Day at Multi-Sports Camp
- 🥉 3rd Place – Discount on Camp Booking



🏃 Keep moving, have fun, and beat the screen this half term!

www.in2sportcoaching.co.uk